

We welcome you to

Holy Martyrs of Japan Parish

P.O. Box 1180, 167 Essa Street, Bradford, Ont. L3Z 2B6

Telephone 905-775-2065 Parish subscription with Formed.org

Email: holymartyrssofjapan@archtoronto.org website: holymartyrssofjapan.archtoronto.org

Office Hours - Monday to Friday 9:30 am - 12:00 pm & 1:00 pm to 4:30 pm



Pastor: Rev. John Pak jpak@archtoronto.org

Associate Pastor: Rev. Edwin Logrono
elogrono@archtoronto.org

Deacon: Dcn. David Langley



Holy Martyrs of Japan-Pray for Us!

SUNDAY MASSES

Saturday Vigil: 5:00 pm

8:00 am (Mass in Portuguese the second Sunday of the month.)

10:00 am, 12:00 pm

2:00 pm St. Philip of Jesus Mission (Migrant Workers
in Spanish)

WEEKDAY MASSES

Mondays, Wednesdays & Fridays 7:00pm

Tuesdays, Thursdays & Saturdays 9:00am

CONFESSIONS

Saturday: 8:00am to 8:30am and 3:30pm to 4:30pm
or by appointment.

BAPTISMS

Please contact Father John at jpak@archtoronto.org

MARRIAGE

Please contact Father John at jpak@archtoronto.org
At least one year's notice is needed and do not book
venues until the first meeting with the priest.

HOLY COMMUNION for SHUT-INS and SICK

If you know of anyone who is sick and would like to
have communion brought to them or would like the
Sacrament of the Sick, or simply would like to be
included in the Prayers of the Faithful, contact us.

PARISH CATHOLIC SCHOOLS

Holy Trinity High School—905-775-4841

St. Marie of the Incarnation—905-775-3492

St. Teresa of Calcutta—905-778-8653

St. Charles—905-775-6762

St. Jean de Brebeuf—905-775-8460

St. Angela Merici—289-231-2085

OFFICE STAFF

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Delia McEvenue

Office Assistant:

Anna Maria Mongillo

Custodian/Maintenance:

Anthony Venroy

MINISTERS

Youth Minister:

Ray Reitzel email: reitzel@hotmail.com

PARISH MINISTRIES and SOCIETIES

Alpha

Catholic Moms Group

CWL (Catholic Women's League)

Consolation and Hope

EDGE Youth Ministry

Faith and Fellowship

Knights of Columbus

LIFETEEN Youth Ministry

Liturgical Ministers

Nossa Senhora de Fatima

RCIA (Rite of Christian Initiation of Adults)

Rosary Apostolate

St. Vincent de Paul Society

St. Philip of Jesus Mission for the Migrant Workers

Santissima Trinitade & Espirito Santo

Young Adult Ministry (YAM)

NEW PARISHIONERS: WELCOME!

We are delighted to have you join our parish family; we invite
you to register by completing the form in the parish foyer or
at the parish office. Offering envelopes available by request.

WEEKLY MASS INTENTIONS

MONDAY, February 23, 7:00PM +Romanko Sakac
+Antonio Mirassol & All Deceased Family Members
+Orlando Catala + Milan Bobala *Special Intention for
Elia Lanuza

TUESDAY, February 24, 9:00AM +Generosa Paulos
+Manuel Da Silva

WEDNESDAY, February 25, 7:00PM +Augusta
Barros & Joao Gomes Faria +Ignazio Polizzi

THURSDAY, February 26, 9:00AM +Manuel Louro
& Carlos Santos +Vilma LaRoche

FRIDAY, February 27, 7:00PM +Anabela Ditta +Vilma
LaRoche

SATURDAY, February 28, 9:00AM *ProPopulo

SATURDAY, February 28, 5:00PM +Graciete
Domingues +Armanda & Joao Balugas +Virginia Correia
& Teresa Silva +Vilma LaRoche +Celestina May +Milan
Bobala +Lucia Balugas & Armanda Balugas*Special
Intention for Sabrina Chavarria

SUNDAY, March 1, 8:00AM +Maria Dolores Vigario
+Carlos Marques & All Deceased Family Members

SUNDAY, March 1, 10:00AM +Maria Alvina &
Natividade Miranda +Milan Bobala

SUNDAY, March 1, 12:00PM *ProPopulo

SUNDAY, March 1, 2:00PM *ProPopulo
St. Philip of Jesus (Mission)

FIRST FRIDAY HOLY HOUR ADORATION

Holy hour will be celebrated on **Friday March 6 from
6:00pm- 7:00pm** followed by the 7:00pm Mass and the
Stations of the Cross at 7:30pm.

REQUIEM MASS

The Requiem Mass will be celebrated on **Friday February
27 at 11:00am at the Church.** Mass intentions can be
booked at the parish office.

PARISH LENTEN CONFESSIONS

March 10, From 6:00pm to 8:00pm

*"Create in me a clean heart, O God, and put a new and
right spirit within me." Psalm 51:10*

STATIONS OF THE CROSS

Starting Friday February 20, 2026, and every Friday
thereafter during the season of Lent, join us for the Stations
of the Cross at 7:30pm. Come Journey with Christ and
prepare yourself for the Triduum.

YOUTH MINISTRY



Grades 6, 7 & 8 are invited to
come to Edge, on Fridays at 7:00-8:30pm in the Parish
Hall. **Next Edge Night: Date: February 27, 2026 – Under
Pressure**



For youth in Grades 9-12 and will be held every other
Friday from 7:00-9:00pm. In the Parish Hall. All are
welcome! **Next LifeTeen Night: Date: March 6 – Wipe
Out**

REFLECTION

Matthew 4:1-3

In His great humility and compassion for us, Jesus, the
Incarnate Son of God, allowed Himself to endure something
that we sinful human beings encounter every day—
temptation. God's glorious plan from the beginning included
the creation of both humans and pure spirits—angels—to
form one glorious Kingdom of God. Original Sin, the fall of
the angels, and our struggle against temptation were not part
of God's original intention, but they became realities due to
the misuse of free will, both by angels and by humans. Free
will was necessary for both angels and humans to love God
freely, which led to a third of the angels and many humans
turning away from Him.

Theologians such as Saint Thomas Aquinas and Saint
Augustine offer profound insights into God's original plan
for His Kingdom. In that plan, angels were believed to have
been tasked with assisting humans in their journey toward
perfection through enlightenment and contemplation. Some
choirs of angels were tasked with the governance of the
cosmos, guiding the physical world in harmony with God's
will.

Tragically, the fall of a third of the angels, along with the sin
of our first parents, Adam and Eve, has resulted in a world
filled with struggle and sin. The fallen angels—now
demons—use their natural gifts to deceive, confuse, and
tempt. Those who were once responsible for guiding the
cosmos now seek to sow chaos, contributing to the existence
of natural disasters, disease, and death. While Catholic
angelology is speculative, based on a limited amount of
biblical revelation, it is important to recognize the role of
angels and demons as we enter this sacred season of Lent.
Today's Gospel focuses on the activity of the most powerful
fallen angel—satan, originally named Lucifer, meaning
"Light-Bearer." Tradition holds that he was among the
highest of the angels, possibly a Seraphim. According to
Saint Thomas Aquinas, Lucifer's fall resulted from pride:
He desired to be a god unto himself, to create and govern
according to his own will, refusing to serve God. This
cosmic reality, of which both Jesus and satan were fully
aware, sets the stage for and adds profound significance to
their encounter in the desert.

In this dramatic confrontation, Jesus, by allowing Himself to
be tempted, begins the ultimate defeat of satan, a victory that
will culminate in Jesus' Passion, Death, and Resurrection.
This is the only recorded instance in which Jesus permits
satan to tempt Him directly. While satan remained active
throughout Jesus' ministry, seeking to disrupt His mission,
this moment in the desert addresses temptation specifically.
By rejecting each temptation, Jesus not only demonstrates
how to overcome the devil but also empowers humanity
with the grace needed to resist temptation through His
triumph on the Cross.

As we enter into the first full week of Lent, reflect today on
the temptations you face in your own life. Though satan is
powerful and highly intelligent, he is no match for the

grace of God. By uniting ourselves to Christ, we are strengthened to resist all that Satan and his demons throw at us. Victory over temptation is not achieved by our own strength but through Christ's grace, which He freely offers to all who turn to Him. *My Catholic Life! 2026*



THE 3 PILLARS OF LENT

Prayer, Fasting and Almsgiving

When we sacrifice things that this world tells us we need, it can remind us that only God can truly satisfy our spiritual hunger. When we think about what to give up for Lent, we ought to also think about what sort of commitment to prayer and ability to be charitable that we can hold ourselves to. Lent's 3 pillars help us do this, each one equally important in helping us deepen our relationship with God while working to build God's kingdom here on earth.

Kids/Teen Fasting Ideas for Lent

- Give up a favorite toy or game
- Fast from social media for a day (once a week)
- Give up a favorite snack
- Drink only water at school
- Give up a favorite chair at home or school
- Speak kind words to someone
- Go without headphones/air pods for a day
- Play your favorite game, focusing on helping others instead of winning
- Allow others to pass in front of you in line

Offer all your sacrifices and blessings to the Lord!

Kids/Teen Prayer Ideas for Lent

- Pray on the way to school
- Play guess the Saint each day
- Pick a relative each day and pray for that person
- Call a grandparent after church and discuss the Gospel/homily
- Go to bed 5 minutes early and spend extra time talking with God
- Research the name of your church and learn about its origin
- Pay special attention to the intercessions at Mass and choose one to pray for
- Go to confession
- Research organizations that support Catholic Youth like Edge and Lifeteen.

General Ideas for Lenten Sacrifices

- Give up coffee/Tea (or only brew it at home)
- Give up alcohol
-

- Give up certain social media sites, or limit them to certain days/times of the day
- Give up electronics after a certain time in the day (eg. No screen time after 8:00pm)
- Sleep without a pillow
- Shower without hot (with only lukewarm) water
- Keep the thermostat several degrees cooler
- Park at the back of the parking lot and say a prayer as you walk to the grocery store
- Abstain from reading gossip/rumor sites or sharing in gossip with one another

Adult Prayer Ideas for Lent

- Each morning, scroll through your contacts on your phone and randomly stop and say a prayer for whichever person you land on
- Spend a few minutes with Scripture each day
- Start a Bible in Year podcast (with Fr. Mike Schmitz)
- Attend daily Mass once a week
- Attend and pray the Stations of the Cross every Friday
- Invite a friend to Mass with you
- Join a bible study group at church
- Attend Adoration of the Eucharist
- Go to Confession
- Pray the Rosary once a day

ADOREMUS IN Latria – WORSHIP & PRAISE Saturday February 28 at 7:00pm

LENTEN MISSION – MARCH 18 & 19

"Called to Dialogue: Listening to God, One's self, and Neighbours" with Fr. John Elmer

Abad – Associate Professor of Systematic and Historical Theology at St. Augustine's Seminary.

The Lenten mission retreat will begin each evening with the Rosary at 6:30pm, followed by Mass at 7:00, and a guided spiritual journey, reflection, in deepening one's faith through silence, scripture, and dialogue. All are welcome!

LENTEN FOOD DRIVE – 40 cans for 40 days

As part of our Lenten Journey of prayer, fasting and almsgiving, consider donating to our local food bank in solidarity with our brothers and sisters, reflecting on Christ's call to love, and with your prayers that your donation provides comfort and sustenance to those in our community. Imagine if each family offered 40 items for 40 days for the duration of Lent!! **Consider donating nonperishable food items such as: tuna, canned meat, soups & stews, canned tomatoes and vegetables, bagged rice, formula and diapers** or a monetary donation to our St Vincent de Paul Society who help those in need in our local community. A crate will be available in the foyer for your donations.

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