

We welcome you to

Holy Martyrs of Japan Parish

P.O. Box 1180, 167 Essa Street, Bradford, Ont. L3Z 2B6

Telephone 905-775-2065 Parish subscription with Formed.org

Email: holymartyrs of japan@archtoronto.org website: holymartyrs of japan.archtoronto.org

Office Hours - Monday to Friday 9:30 am - 12:00 pm & 1:00 pm to 4:30 pm



SUNDAY MASSES

Saturday Vigil: 5:00 pm

8:00 am (Mass in Portuguese the second Sunday of the month.)

10:00 am, 12:00 pm

2:00 pm St. Philip of Jesus Mission (Migrant Workers in Spanish)

WEEKDAY MASSES

Mondays, Wednesdays & Fridays 7:00pm

Tuesdays, Thursdays & Saturdays 9:00am

CONFESSIONS

Saturday: 8:00am to 8:30am and 3:30pm to 4:30pm
or by appointment.

BAPTISMS

Please contact Father John at jpak@archtoronto.org

MARRIAGE

Please contact Father John at jpak@archtoronto.org
At least one year's notice is needed and do not book venues until the first meeting with the priest.

HOLY COMMUNION for SHUT-INS and SICK

If you know of anyone who is sick and would like to have communion brought to them or would like the Sacrament of the Sick, or simply would like to be included in the Prayers of the Faithful, contact us.

PARISH CATHOLIC SCHOOLS

Holy Trinity High School—905-775-4841

St. Marie of the Incarnation—905-775-3492

St. Teresa of Calcutta—905-778-8653

St. Charles—905-775-6762

St. Jean de Brebeuf—905-775-8460

St. Angela Merici—289-231-2085

Pastor: Rev. John Pak jpak@archtoronto.org

Associate Pastor: Rev. Edwin Logrono
elogrono@archtoronto.org

Deacon: Dcn. David Langley



Holy Martyrs of Japan-Pray for Us!

OFFICE STAFF

Office Manager:

Delia McEvenue

Office Assistant:

Anna Maria Mongillo

Custodian/Maintenance:

Anthony Venroy

MINISTERS

Youth Minister:

Ray Reitzel email: reitzel@hotmail.com

PARISH MINISTRIES and SOCIETIES

Alpha

Catholic Moms Group

CWL (Catholic Women's League)

Consolation and Hope

EDGE Youth Ministry

Faith and Fellowship

Knights of Columbus

LIFETEEN Youth Ministry

Liturgical Ministers

Nossa Senhora de Fatima

RCIA (Rite of Christian Initiation of Adults)

Rosary Apostolate

St. Vincent de Paul Society

St. Philip of Jesus Mission for the Migrant Workers

Santissima Trinitade & Espirito Santo

Young Adult Ministry (YAM)

NEW PARISHIONERS: WELCOME!

We are delighted to have you join our parish family; we invite you to register by completing the form in the parish foyer or at the parish office. Offering envelopes available by request.

WEEKLY MASS INTENTIONS

MONDAY, February 2, 7:00PM +Romanko Sakac
+Tibor & Alojzia Sakac +Maria Dolores Vigario +Antonio
Mirassol +Bernadette Pombiere +Nellie & Leo Ryan
+Vilma LaRoche

TUESDAY, February 3, 9:00AM +Samantha Diogo
+Manuel Da Silva

WEDNESDAY, February 4, 7:00PM +Romanko
Sakac +Anna Rosa Marques Neto

THURSDAY, February 5, 9:00AM +Michael Phee
Khoan +Duncan Drummond

FRIDAY, February 6, 7:00PM +Generosa Paulos
*Special Intention for Jeannette Yacoumelos

SATURDAY, February 6, 9:00AM—First Saturday
+All Souls in Purgatory

SATURDAY, February 7, 5:00PM +Maria & Eugenio
Arruda +Dominic & Paula Saniga +Helene Victorine
Ophelders +Virgilio Oliveira & Isaura Lourenco
+Eduardo & Irma Lancha +Graciete Domingues +Virgilio
Domingues & Manuel Oliveira +Joao Perna +Filomena &
Mario Di Re +Jose Manuel Caldas Azevedo +Lucia
Balugas & Armindo Balugas +Martinus Lukasanto
+Salvatore Paoli +All Souls in Purgatory

SUNDAY, February 8, 8:00AM +Americo Coelho +All
Souls

SUNDAY, February 8, 10:00AM +Jordan & Maria
Celeste de Freitas *Special Intention for Massimo Mongillo

SUNDAY, February 8, 12:00PM *ProPopulo

SUNDAY, February 8, 2:00PM *ProPopulo
St. Philip of Jesus (Mission)

FIRST FRIDAY HOLY HOUR ADORATION

Holy hour will be celebrated on the **Friday February 6th**
following the 7:00pm Mass.

REQUIEM MASS

The Requiem Mass will be celebrated on the **last Friday of
the month at 11:00am at the Church.** Mass intentions
can be booked at the parish office.

MARRIAGE SUNDAY 2026 February 8, 2:30pm

As part of Marriage Sunday 2026 celebrations, Bishop John
Boissonneau will preside at a special Mass to honour
married couples, with special recognition for those
celebrating 25th, 40th, 50th, 60th and 60+ wedding
anniversaries in 2026. The Mass will take place at 2:30pm
on Sunday, February 8, 2026, at St. Michael's Cathedral
Basilica. All married couples will have an opportunity to
renew their marriage commitment during the Mass.

All are welcome to attend. Reserved seating is available for
couples celebrating a 25th, 40th, 50th, 60th and 60+
anniversary in 2026. Reserved seating is limited. All other
seating is on a first-come, first served basis. Those who are
unable to attend in person are invited to join the celebration
via livestream Mass. Registration and other important
information can be found at www.archtoronto.org/marriage.
We extend special thanks to married couples throughout
the archdiocese who, through their witness, remain a
shining example of faith, commitment and love!

REFLECTION

*When Jesus saw the crowds, he went up the mountain, and
after he had sat down, his disciples came to him. He began
to teach them, saying: "Blessed are the poor in spirit, for
theirs is the kingdom of heaven." Matthew 5:1-3*

The Beatitudes call us to the heights of morality and
holiness. Those who live according to these divine precepts
are blessed beyond measure. The promises to those who live
this high calling are great: They become children of God and
inherit the Kingdom of Heaven. Furthermore, they receive
comfort, satisfaction, mercy, purity, and peace. Though the
rewards are great, so are the requirements: spiritual poverty,
holy sorrow, meekness, longing for righteousness, a
merciful heart, purity, peacemaking, and patient endurance
during persecution.

The Beatitudes reveal the culmination of God's moral
teaching and the highest revelation of the Christian life. To
fully appreciate their significance, it is helpful to understand
the history of moral revelation. Doing so is more than a
history lesson on God's deepening revelation, it also reveals
the path for our spiritual journey toward perfection.

Morality begins with the Natural Law—the innate
understanding of right and wrong written on the human
heart. This Law is from God and is often described as living
in accord with right reason or common sense. All people
have access to this moral law within their own consciences,
enabling them to recognize God as the Creator, honor Him,
respect human dignity and the common good, and refrain
from acts such as murder, theft, and deception. Though
universally present in all people, sin and our fallen human
nature cloud our ability to clearly see and follow that law.
In the Old Testament, God slowly revealed Himself and
called His people to greater holiness and moral living by
adding to the Natural Law through revelation. From
Abraham and his descendants, God raised up Moses through
whom He revealed the Ten Commandments—a concise
moral code rooted in Natural Law but explicitly revealed by
God that called His chosen people to right worship, justice,
and love for one's neighbor.

Through the prophets—such as Isaiah, Jeremiah, and
Ezekiel—God called Israel to move beyond mere external
observance of the law to an interior conversion of heart.
Isaiah emphasized the virtues of justice and mercy, Jeremiah
prophesied a new covenant in which God's law would be
written on the hearts of His people, and Ezekiel promised
that God would give His people a new heart and a new
spirit, enabling them to follow His statutes.

The wisdom literature—Psalms, Proverbs, Ecclesiastes,
Wisdom, Sirach—deepened the understanding of moral life
by revealing moral gifts, such as the Fear of the Lord, the
blessedness of righteousness, and the call to trust in God's
providence and live a virtuous life.

The Beatitudes elevate all laws of the Old Covenant. Jesus
not only calls us to profound holiness, He also provides the
means to achieve it through His Sacrifice, transmitted
through the grace of the Sacraments. To live the Beatitudes

ANNOUNCEMENTS

4th Sunday in Ordinary Time | February 1, 2026

is to live in imitation of Christ, who perfectly embodied all virtues in His life, Passion, and Resurrection. Hence, the Beatitudes are not only a moral code we must follow, they are a participation in and union with the Son of God, Who lived the Beatitudes to perfection.

As we ponder the Beatitudes, reflect today on their high and glorious calling, as well as their rewards. Sometimes, reading the Beatitudes can leave us discouraged, as we are aware of how far we are away from perfecting them. Dispel discouragement and know that these new divine precepts are attainable by grace. Set your eyes on the heights of perfection and open yourself to the abundant grace offered. Doing so will not only result in glorious spiritual rewards in this life, it will also result in the greatest eternal rewards in Heaven. *My Catholic Life! 2026*

ST. BLAISE – BLESSING OF THE THROATS Saturday February 3, 2026

To celebrate the feast of St Blaise there will be a blessing of throats on Saturday February 3, at the 9:00am Mass

HOLY MARTYRS OF JAPAN FEAST DAY PASTA DINNER – Saturday February 7 at 6:00pm

We invite our parish community to celebrate our feast day. Free will donation of \$10.00 per person to support World Youth Day 2027.

OUR LADY OF LOURDES - ANNOINTING MASS For World Day of the Sick on Wednesday February 11, 2026, at 7:00pm. Anointing of the sick will be available during Mass for the baptized with a serious illness, the elderly, or those facing serious surgery.

SHROVE TUESDAY – Tuesday February 17, 2026

The Knights of Columbus invite you to Our Shrove Tuesday Dinner which will start at 5:00pm.

ASH WEDNESDAY - THE BEGINNING OF LENT FEBRUARY 18, 2026

There will be two Masses celebrated this day with the distribution of ashes. One at 12 noon and one at 7:00pm

STATIONS OF THE CROSS

Starting Friday February 20, 2026, and every Friday thereafter during the season of Lent, join us for the Stations of the Cross at 7:30pm. Come Journey with Christ and prepare yourself for the Triduum.



Please give at the parish using a ShareLife envelope, through our parish website or at sharelife.org/donate.

2026 OFFERTORY BOXES

Offertory boxes can be picked up at the entrance of the church. **If you do not find your box, please contact the parish office. For New Parishioners or New Envelope users, please notify the parish office via email that you are using a new box number. Be sure to include your full name, address, phone number and box number for proper allocation of funds for tax purposes.**

NOTE TO ALL USING OFFERTORY ENVELOPES:

We kindly ask that you please complete the full name and address on each envelope. If you are new to our parish community, and would like to register with our parish, or would like to start using offering envelopes or wish to set up Pre-Authorized Giving, please contact the parish office at 905 775 2065. **We would kindly ask that parishioners not use old envelope numbers from previous years for your offering as old numbers may no longer be active.** If you have moved, please don't forget to notify the parish office so we can update our database. Thank you for your kindness, support, and generosity.

COME & SEE WEEKEND FOR SINGLE MEN FEBRUARY 27- March 1, 2026 - Men's Weekend Discernment Retreat at St Augustine's Seminary

For single men 18+ who are interested in discerning and learning more about Diocesan Priesthood. Register at www.vocationstoronto.ca/comesee.

SACRAMENTS

REGISTRATION FOR 2026 FIRST COMMUNION AND CONFIRMATION IS NOW CLOSED!

Thank you to all who registered to receive the sacrament of First Communion and Confirmation scheduled for Spring of 2026. Registration is closed as of November 30, 2025. For all those who have not registered for the 2026 sacramental season, we look forward to celebrating these sacraments with you next year. Be sure to visit our website and online bulletin for future communications regarding sacramental registration for next year.

YOUTH MINISTRY



Grades 6, 7 & 8 are invited to come to Edge, on Fridays at 7:00-8:30pm in the Parish Hall. **Next Edge Night: Date: February 13, 2026 – Edge Idol**

LIFE TEEN

LIFE TEEN is for youth in Grades 9-12 and will be held every other Friday from 7:00-9:00pm. In the Parish Hall. All are welcome!

Next LifeTeen Night: Date: February 6 – At your Service

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