

We welcome you to

Holy Martyrs of Japan Parish

P.O. Box 1180, 167 Essa Street, Bradford, Ont. L3Z 2B6

Telephone 905-775-2065 Parish subscription with Formed.org

Email: holymartyrssofjapan@archtoronto.org website: holymartyrssofjapan.archtoronto.org

Office Hours - Monday to Friday 9:30 am - 12:00 pm & 1:00 pm to 4:30 pm



Pastor: Rev. John Pak jpak@archtoronto.org

Associate Pastor: Rev. Edwin Logrono
elogrono@archtoronto.org

Deacon: Dcn. David Langley



Holy Martyrs of Japan-Pray for Us!

SUNDAY MASSES

Saturday Vigil: 5:00 pm
8:00 am (Mass in Portuguese the second Sunday of the month.)
10:00 am, 12:00 pm
2:00 pm St. Philip of Jesus Mission (Migrant Workers in Spanish)

WEEKDAY MASSES

Mondays, Wednesdays & Fridays 7:00pm
Tuesdays, Thursdays & Saturdays 9:00am

CONFESSIONS

Saturday: 8:00am to 8:30am and 3:30pm to 4:30pm
or by appointment.

BAPTISMS

Please contact Father John at jpak@archtoronto.org

MARRIAGE

Please contact Father John at jpak@archtoronto.org
At least one year's notice is needed and do not book venues until the first meeting with the priest.

HOLY COMMUNION for SHUT-INS and SICK

If you know of anyone who is sick and would like to have communion brought to them or would like the Sacrament of the Sick, or simply would like to be included in the Prayers of the Faithful, contact us.

PARISH CATHOLIC SCHOOLS

Holy Trinity High School—905-775-4841
St. Marie of the Incarnation—905-775-3492
St. Teresa of Calcutta—905-778-8653
St. Charles—905-775-6762
St. Jean de Brebeuf—905-775-8460
St. Angela Merici—289-231-2085

OFFICE STAFF

Office Manager:
Delia McEvenue
Office Assistant:
Anna Maria Mongillo
Custodian/Maintenance:
Anthony Venroy

MINISTERS

Youth Minister:
Ray Reitzel email: reitzel@hotmail.com

PARISH MINISTRIES and SOCIETIES

Alpha
Among Friends (Ministry for grieving women)
Catholic Moms Group
CWL (Catholic Women's League)
Consolation and Hope
EDGE Youth Ministry
Faith and Fellowship
Knights of Columbus
LIFETEEN Youth Ministry
Liturgical Ministers
Nossa Senhora de Fatima
RCIA (Rite of Christian Initiation of Adults)
Rosary Apostolate
St. Vincent de Paul Society
St. Philip of Jesus Mission for the Migrant Workers
Santissima Trinitade & Espirito Santo
Young Adult Ministry (YAM)

NEW PARISHIONERS: WELCOME!

We are delighted to have you join our parish family; we invite you to register by completing the form in the parish foyer or at the parish office. Offering envelopes available by request.

WEEKLY MASS INTENTIONS

MONDAY, March 10, 7:00PM +Maria Esperanca Espinola +Joao Balugas & Joao Augusto Laranjeiro +Virginia Correia *Special Intentions for Michael Murphy *Special Intentions of the McEvenue Family

TUESDAY, March 11, 9:00AM +Joe Mendrek

WEDNESDAY, March 12, 7:00PM +Leondina & Nunziato Greco

THURSDAY, March 13, 9:00AM +Daniel Viveiros Sr. & Lucia da Conceicao Balugas +Maria Esperanca Espinola

FRIDAY, March 14, 7:00PM +Joseph & Laddie Balon +Lucia da Conceicao Balugas

SATURDAY, March 15, 9:00AM *ProPopulo

SATURDAY, March 15, 5:00PM +Amelia Oliveira Domingues +Manuel da Silva +Delia Mendez & Rafael Chavez +Joao Veloso +Isaura Lorencio +Paul & Elizabeth Gres +Alfredo Palmerio +Joao Balugas +Peggy Michaud +Virginia Correia +Lucy Balugas & Joao Laranjeiro +Antonio Martins & Family +Jose & Leotina Braz

SUNDAY, March 16, 8:00PM +Laura Marques

SUNDAY, March 16, 10:00AM *ProPopulo

SUNDAY, March 16, 12:00pm +Salvatore Vena & Vincenzo De Girolamo +Gaetano Bellone

SUNDAY, March 16, 2:00pm*ProPopulo

St. Philip of Jesus (Mission)

FIRST FRIDAY HOLY HOUR ADORATION

Holy hour will be on the First Friday of the Month at 6:00pm to 7:00pm followed by Mass at 7:00pm and Stations of the Cross at 7:30pm during Lent.

STATIONS OF THE CROSS

Please join us every Friday after the 7:00pm Mass during the season of Lent for the Stations of the Cross.

THE SACRAMENT OF PENANCE

The *Sacrament of Penance* assures us that God wipes away our sins. We experience those powerful and comforting words of the Psalm: "It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion... The Lord is compassion and love, slow to anger and rich in mercy... He does not treat us according to our sins, nor repay us according to our faults. For as the heavens are high above the earth, so strong is his love for those who fear him. As far as the east is from the west, so far does he remove our sins" (*Ps* 103:3-4.8.10-12). The sacrament of Reconciliation is not only a magnificent spiritual gift, but also a decisive, essential and fundamental step on our journey of faith. There, we allow the Lord to erase our sins, to heal our hearts, to raise us up, to embrace us and to reveal to us his tender and compassionate countenance. There is no better way to know God than to let him reconcile us to himself (cf. *2 Cor* 5:20) and savour his forgiveness. Let us not neglect Confession, but rediscover the beauty of this sacrament of healing and joy, the beauty of God's forgiveness of our sins! – *SPES NON CONFUNDIT*

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REFLECTION

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. [Luke 4:1-2](#)

If someone is attacked or feels threatened, it is common to be defensive. When we feel personally attacked by another or are tempted by the devil, we will often try to defend ourselves. However, within the worlds of games, sports and military activity, there is a common adage that says, "the best defense is a good offense." In other words, the best way to keep the opponent from winning is to go on the offensive rather than to sit back and take up a defensive position. In many ways, this is what Jesus did when He entered the desert. He was aware that the evil one wanted to destroy Him. Therefore, when Jesus entered the desert for 40 days to pray and fast, He did so in a sort of offensive attack upon the devil. Jesus' temptations in the desert were not primarily difficulties He had to endure and resist. Rather, they were first and foremost ineffective attacks from the evil one, because Jesus had already embraced the opposite virtues. What temptations and sins are among your greatest struggles? In what ways do you find yourself experiencing defeat? In what ways have you taken up a defensive position to try to overcome your struggles? Too often we approach temptations in the wrong way. We see them as attacks from the evil one that we must resist and defend ourselves against. And though that is true, it is not the full truth. The full truth is that the best way to overcome the struggles we face is to confront them directly in a vigorous and offensive way by choosing the opposite virtue.

Consider the three temptations Jesus overcame in the desert: gluttony, vainglory and greed. Jesus' entrance into the desert for those 40 days was the way by which He destroyed these temptations before they were even presented to Him. By voluntarily choosing to fast from food for those 40 days, Jesus rendered the temptation toward gluttony ineffective. By choosing the humility of entering into the solitude of the desert to be alone with His Father, Jesus robbed the temptation toward vainglory of its power. By choosing a life of poverty and simplicity, He overcame any temptation toward earthly wealth, even before it was offered to Him. As we begin this forty-day Lenten journey, reflect, today, upon the sins and temptations in your life that need to be overcome. If you find yourself in an ongoing defensive position toward certain struggles, especially if you find yourself losing the battle at times, it's time to change your strategy. Embrace the opposite virtue of the sins you are most tempted with this Lent. Embrace those virtues in an offensive manner. Choose kindness if you struggle with anger. Choose fasting if you struggle with gluttony. Choose generosity if you struggle with greed. Whatever your struggle, turn to the virtue you need the most and make it your focus this Lent so that you, too, will be well-prepared to reject the evil one and his lies when temptation comes your way. *My Catholic Life! 2025*

LENT

PRAYER + FASTING + ALMSGIVING



A PRAYER FOR LENT

My precious and crucified Lord, I offer You this Lent. I offer it to You with total abandonment and trust.

I offer You my prayers, sacrifices and my very life this day. Do with me, Lord, as You will. I pray that this Lent will be fruitful. I know You have much to say to me and much to do in my life.

May this Lent be a time through which Your mercy is poured in abundance into my soul and into the souls of all Your faithful. Dearest Lord, help me to especially see my sin, this Lent. Humble me so that I may see clearly.

Give me courage and strength to confess my sins and turn from them with all my heart. Enlighten me with Your Holy Word, dear Lord. Help me to come to know You and to deepen the gift of faith in my life. Show me the plan You have for me and place my feet upon the path You have chosen.

In my suffering Lord, I thank You for the fullness of Your perfect Sacrifice. May I offer You my very life as a sacrifice, trusting in Your mercy with every offering. Keep me faithful to my Lenten promises and bring forth new life through these sacrifices of love. Strengthen my prayer and make me holy. Help me to turn to You, each day, seeking Your sacred and Pierced Heart.

Blessed Mother, you stood by your Son in His suffering and death, stand by me, I pray, as I journey through this life. Pray for me and offer me to Your Son, that He may take me into His loving embrace. Mother Mary, Mother of our Crucified Lord, pray for us who have recourse to thee.

Amen. *My Catholic Life! Inc. 2002*

PARISH LENTEN CONFESSIONS

March 18, 2025

From 6:00pm to 8:00pm

"Create in me a clean heart, O God, and put a new and right spirit within me." Psalm 51:10

VOCATIONS

"In the Lord your labour is not in vain". Is the Lord calling you to work in His vineyard? Pray to hear God's call. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416 968 0997. Email:

vocations@archtoronto.org.

2024 TAX RECEIPTS

Tax Receipts should be received within the third or fourth week of March from the Archdiocese of Toronto. With our most sincere and humble thanks for your continued support and generosity.

Lenten SOUP Supper

Saturday, March 22nd, from 5:00pm - 7:00pm

Join us for our SOUP NIGHT in the Parish Hall. Come and warm with some fresh homemade soup with a bun, coffee, tea, water and cookies. The cost is \$10.00 per person and \$5.00 for children under 10 years.

MINISTRY FAIR - Saturday March 15/16

After all weekend Masses in the Parish Hall

Is God calling you to share your faith, time and talents? Please stop by if you are thinking about ways to share your gifts of time and talent or would just like more information on what is going on at Holy Martyrs of Japan Parish. The Fair will showcase all our parish ministries, and you will be able to see how your particular talents can be used to serve others. We look forward to seeing you there!!

DYNAMIC WOMEN OF FAITH

16th Annual Dynamic Women of Faith Conference
Saturday March 22, 2025, 9:00am-4:00pm at the Old Mill Subway Station (includes lunch). Closing Mass celebrated by Most Reverend Robert Kasun CSB. Many Guest Speakers include: Annie Karto, Divine Mercy Flood My Soul, Lisa Canning, Surrendering in Suffering – Discovering Joy, Dr. Stephanie Kafie, Totus Tuus – 5 Ways to Live out "Totally Yours", Fr. Marcin Serwin OMI, Being a Priest- Being a Midwife, Dorothy Pilarski, Your Life is Going to Change. For more information please call: 416 907 1042. **To register go to: dwf2025.eventbrite.ca**

"The Whole Of Our Life Should Be A Season Of Prayer" – *St. Basil the Great*

SHROVE TUESDAY- The Knights of Columbus are so very thankful for everyone who had a part in Shrove Tuesday dinner. Our guests and volunteers were filled with the Holy Spirit and the parish hall packed to capacity. The parish response to our invitation was humbling - thank you.

YOUTH MINISTRY



Grades 6, 7 & 8's are invited to come to the EDGE, on Fridays 7:00-8:30pm in the Parish Hall.

Next Edge Night: March 21 – Pinned Conversation

LIFE TEEN

Life Teen is for youth in Grades 9-12 and will be held on every other Friday from 7:00pm to 9:00pm are all welcome!
Next Lifeteen Night is: March 14 – March Break No Lifeteen

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